



# **BARRIERS AND ENABLERS OF 1.5° LIFESTYLES:**

**SHALLOW AND DEEP STRUCTURAL FACTORS SHAPING THE POTENTIAL FOR SUSTAINABLE CONSUMPTION**

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# Barriers and enablers of 1.5° lifestyles: Shallow and deep structural factors shaping the potential for sustainable consumption

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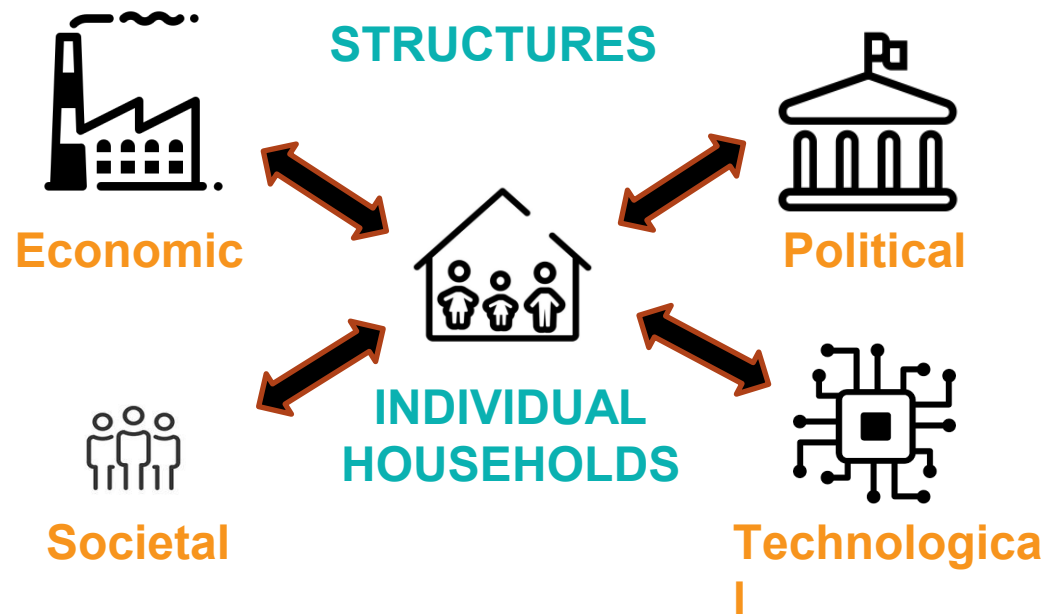
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# 1.5°C LIFESTYLES & STRUCTURES

## What are structures?

### Structure vs. agency



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- **Systematic literature review**
  - **Web of Science & Scopus**
  - **120 studies**
  - **Qualitative coding with MAXQDA**
  
- **Peer consulting within consortium over key barriers and enablers**



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# WHAT TYPES OF STRUCTURES ARE THERE?

- **Ideational vs. Material**
- **Shallow vs. Deep**
  - **Examples from the literature - barriers and enablers**



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# CONCLUSIONS

1. **Material and ideational, deep and shallow structural changes are essential for household sustainability.**
2. Reconfiguring deep structural factors **challenges current political, economic, and societal systems**, exposing inequities and exploitative relations.
3. Current **climate governance lacks consideration of deep structural change**, risking failure to meet Paris Agreement targets.
4. A successful transition to sustainability necessitates a **radical shift in perspective and action.**



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