



# „Realising Sufficiency Policies: Examining political responsibilities for reducing aviation within the structure-agency nexus“

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# STRUCTURE

1. Why is reducing air travel necessary, and what makes it so challenging?
2. What approaches and methods did we use in our research?
3. What are the impacts of sufficiency-based aviation policies, and how can we achieve them?
4. How can responsibility for reducing aviation be effectively shared?



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# FLYING NEEDS TO BE REDUCED



Image by [ThePixelman](#) from [Pixabay](#)



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# REDUCED FLYING – NOW AND IN THE FUTURE

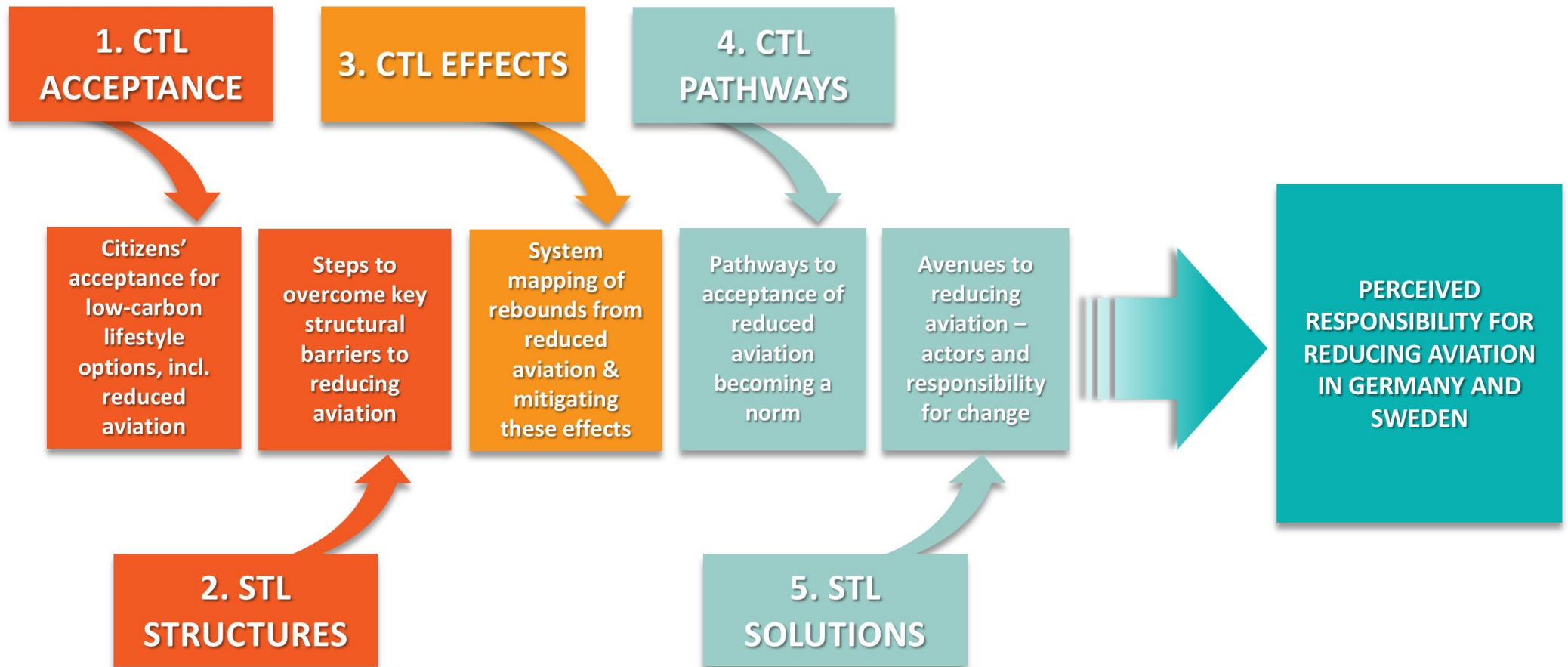
- What are the impacts of realised sufficiency in aviation?
- What are steps to achieve visions of sufficient aviation on the individual and structural level?
- Who is responsible for reducing aviation in line with the 1.5° target?



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# MATERIALS & METHODS



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# IMPACTS OF REALISED SUFFICIENCY IN AVIATION

POSITIVE EFFECTS	NEGATIVE EFFECTS
<ul style="list-style-type: none"><li>• Pride and satisfaction, acting in line with values, leading as a role model</li><li>• Increased quality of life, health benefits</li><li>• As part of a wider shift towards sustainability</li></ul>	<ul style="list-style-type: none"><li>• Loneliness, exclusion, difficulty resisting the norm</li><li>• Less opportunity to visit friends and family</li><li>• Hopelessness</li></ul>



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# STEPS TO REALISE SUFFICIENCY IN AVIATION

- Adjusting prices (taxes, subsidies)
- Introducing bans
- Improving rail infrastructure
- Changing norms/narratives
- Building political pressure
- Reforming working hours



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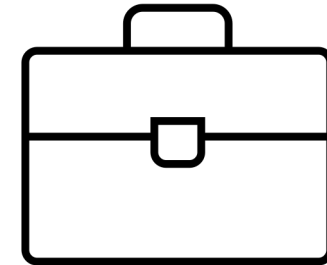
# RESPONSIBILITY FOR CHANGE



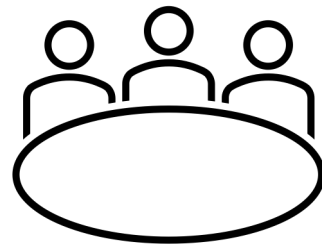
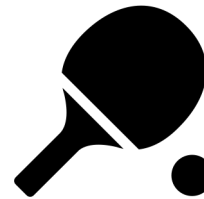
Citizens



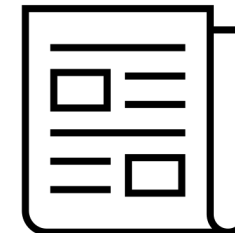
States



Businesses



Civil society



Media

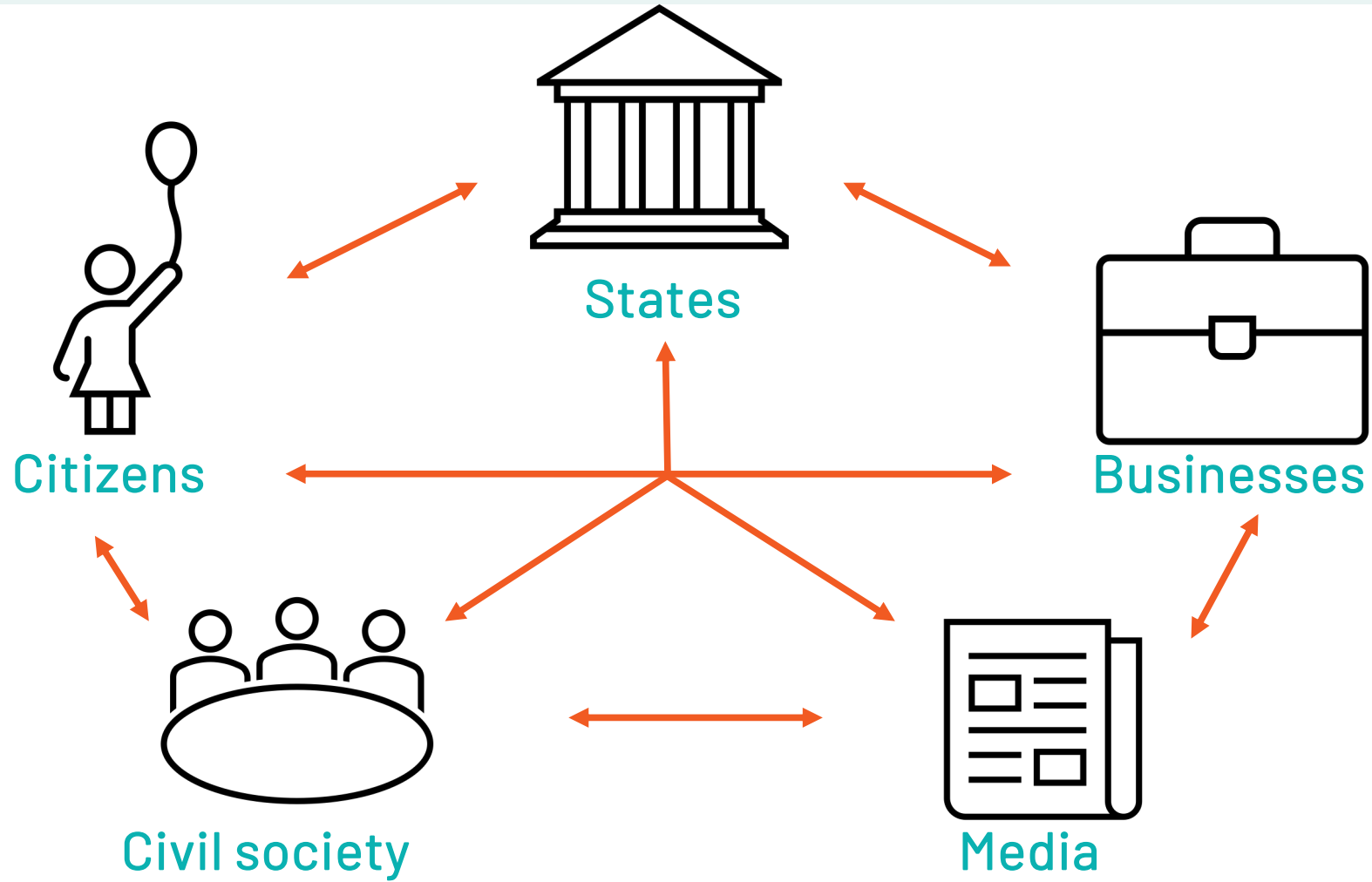


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# RESPONSIBILITY FOR CHANGE



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# CONCLUSION & OUTLOOK

- Systemic approach: Shared Responsibility
  - Government action: policy framework & infrastructures
  - Civil society: advocacy & norm-shifts
- 
- Achieving 1.5 °C-aligned lifestyles



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THANK YOU!



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[HTTPS://ONEPOINTFIVELIFESTYLES.EU/](https://onepointfivelifestyles.eu/)

LINKEDIN: [EU-1-5-LIFESTYLES](#)

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# 7 MOST IMPACTFUL STRUCTURES ENABLING 1.5° LIFESTYLES



**1. Overcoming the economic growth paradigm**

**2. Creating consistent, predictable, integrated policies**



**3. Overcoming the systematic influence of vested interests**

**4. Giving economic incentives and internalising environmental costs in prices**



**5. Strengthening alternative narratives for wellbeing and a good life**

**6. Overcoming inequities in resource access, use and power**



**7. Integrating information and skills for sustainable lifestyles in education**